

Unit 4

City living

Reading

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4.1 rural (adj) /'rʌərəl/ - venkovský; vesnický

in the countryside • *She lives in a small rural town in the south of France.* ❖

↖ Opp: urban

4.2 commercial (adj) /kə'mɜ:ʃl/ - obchodní related to buying and selling • *Don't forget this is a commercial operation and our top priority is to make money.* ➤ commerce (n) ❖

4.3 identical (adj) /aɪ'dentɪkl/ - totožný exactly the same • *His shirt is identical to mine – we bought them together.* ❖

4.4 rapid (adj) /'ræpɪd/ - rychlý fast • *The patient made a rapid recovery and was sent home in two days.* ➤ rapidly (adv) ❖

4.5 resident (n) /'rezɪdənt/ - místní; obyvatel a person who has their home in a place • *Residents in the area are furious at the decision to build a new mall.* ➤ residence (n), residential (adj) ❖

4.6 urban (adj) /'ɜ:bən/ - městský of a city or town • *Heavy traffic is mainly an urban problem.* ❖ ↖ Opp: rural

4.7 block of flats (n) /blɒk əv 'flæts/ - bytový dům a large building divided into apartments • *There used to be a beautiful old house there, but now it's been replaced by a block of flats.* ❖

4.8 pace (n) /peɪs/ - rychlost; tempo the speed at which sth happens • *She walked at a rapid pace across the street.* ❖

4.9 shortage (n) /'ʃɔ:tɪdʒ/ - nedostatek a situation where there isn't enough of sth needed • *Schools are suffering from a*

shortage of teachers. ➤ short (adj) ❖ ↖ Syn: lack

4.10 entertainment (n) /entə'teɪnmənt/ - zábava

films, music, shows, etc. that help people have fun • *Stars from the world of entertainment usually have thousands of followers on social media.* ➤ entertain (v), entertaining (adj) ❖

4.11 commute (v) /kə'mju:t/ - dojíždět do práce travel between work and home regularly • *He's prepared to commute long distances if necessary, as he has been jobless for a year.* ➤ commute (n), commuter (n) ❖

4.12 outskirts (n) /'aʊtskɜ:ts/ - předměstí; okraj the area around a town or city • *Factories are usually built on the outskirts of cities.* ❖

4.13 inhabitant (n) /ɪn'hæbɪtənt/ - obyvatel a person or animal that lives in a place • *Nowadays, the village has around 100 inhabitants.* ❖

4.14 historical (adj) /hɪ'stɔ:ɪkl/ - historický connected with the past or with the study of the past • *The library houses a large collection of historical documents.* ➤ historic (adj), history (n) ❖

4.15 devote (v) /dɪ'veʊt/ - věnovat give time, attention or energy to sth • *I can only devote one hour a day to the project.* ➤ devotion (n) ❖

4.16 walkable (adj) /'wɔ:kəbl/ - po němž lze dobře chodit pěšky suitable for walking • *Cities aren't usually as walkable as smaller towns.* ❖

4.17 pedestrian (n) /pə'destriən/ - chodec a person who is walking • *The bridge is designed for pedestrians only so no cars are allowed.* ❖

4.18 housing (n) /'haʊzɪŋ/ - bydlení buildings for people to live in • *The cost of housing in London is extremely high.* ❖

4.19 linear (adj) /'liːniə(r)/ - přímočarý; lineární
 continuing logically from one part to the next • *The story doesn't move in a linear fashion; it begins with the death of the hero.* ❖

4.20 approach (n) /ə'prəʊtʃ/ - přístup
 a way of doing sth or thinking about sth
 • *Since we haven't been able to come up with a solution, I thought we might consider a new approach to the problem.*
 ➤ approach (v) ❖

4.21 growth (n) /grəʊθ/ - růst
 an increase in the size or the importance of sth • *The growth of the company led to many new employees being hired.* ➤ grow (v) ❖

4.22 residential (adj) /,rezɪ'denʃl/ - obytný; vilový
 having mainly private houses, not offices or factories • *The house is in a beautiful residential area with a lot of green space.*
 ❖

4.23 reduce (v) /rɪ'dʒuːs/ - omezit; snížit
 make or become smaller • *They have reduced the price of these shoes to just 20 euros.* ➤ reduction (n) ❖ ✎ Syn: decrease

4.24 get around (phr v) /get ə'raʊnd/ - pohybovat se; přemísťovat se
 travel to different places • *We mainly used public transport to get around.* ❖

4.25 expand (v) /ɪk'spænd/ - rozšířit
 make sth bigger • *They are planning to expand the airport.* ➤ expansion (n) ❖

4.26 modernist (adj) /'mɒdənɪst/ - modernistický
 related to the modern art movement
 • *Modernist cinema can sometimes be difficult to understand.* ❖

4.27 propose (v) /prə'pəʊz/ - navrhnout
 suggest a plan for other people to think about • *The marketing manager proposed changing the name of the company.* ➤ proposal (n) ❖

4.28 raise (v) /reɪz/ - zvednout
 lift to a higher position • *Please raise your*

hand if you want to say something. ➤

raise (n) ❖

4.29 spread (v) /spred/ - (roz)šířit se
 reach or cover a wider area • *The virus spread quickly through physical contact.*
 ➤ spread (n) ❖

4.30 claim (v) /kleɪm/ - prohlásit
 say that sth is true without being able to prove it • *He claimed he was very poor, but we didn't believe him.* ➤ claim (n) ❖

4.31 end up (phr v) /end ʌp/ - skončit
 reach a particular place or situation after completing other activities • *After travelling around Europe for two months, we ended up in Prague.* ❖

4.32 humanistic (adj) /,hju:mə'nɪstɪk/ - humanistický; humanitní
 treating people with respect, making sure they are happy, safe and healthy • *The new director had a more humanistic approach to the treatment of prisoners.* ❖

4.33 course (n) /kɔ:s/ - směr
 the direction in which sth moves • *We decided to change course as we weren't getting anywhere.* ❖

4.34 commuter (n) /kə'mju:tə(r)/ - dojíždějící
 sb who travels to and from work every day
 • *The train is always packed with commuters on weekday mornings.* ❖

4.35 continually (adv) /kən'tɪnjuəli/ - neustále
 without a break • *It was difficult to make a decision as the situation was continually changing.* ➤ continue (v) ❖ ✎ Syn: continuously

4.36 uninviting (adj) /,ʌnɪn'vɪtɪŋ/ - nevábný
 not attractive or pleasant • *The hotel looked cold and uninviting; we definitely didn't want to stay there.* ❖ ✎ Opp: inviting

4.37 demand (v) /dɪ'mɑ:nd/ - požadovat
 ask for sth forcefully • *I've had enough. I demand to see the manager immediately.*
 ➤ demand (n), demanding (adj) ❖

4.38 fence (n) /fens/ - plot
a barrier between two areas of land,
usually made of wood or wire • *The house
was surrounded by a beautiful old wooden
fence.* ❖

4.39 gated community (n) /,geɪtɪd
kə'mju:nəti/ - oplocená čtvrť s hlídaným
vjezdem
a group of houses surrounded by walls or
fences that you need the residents'
permission to enter • *The house is in a
gated community, so you'll all be safe.* ❖

4.40 unfenced (adj) /ʌn'fensɪ/ -
neoplocený
not surrounded by a fence • *The park is
unfenced, so you can go and have a walk
there any time you like.* ❖ ↗ Opp: fenced

4.41 low-rise (adj) /'ləʊraɪz/ - nízký;
nevysoký
not tall, with only a few floors • *I'd prefer
to live in a low-rise building rather than a
tower block.* ❖ ↗ Opp: high-rise

Vocabulary

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4.42 profit (n) /'prɒfɪt/ - zisk
money that you earn from a transaction or
business after paying the costs • *She
made a big profit when she sold her house.*
➤ profit (v), profitable (adj) ❖

4.43 suburb (n) /'sʌbɜ:b/ - předměstí
an area where people live that is outside
the city centre • *They decided to move to
the suburbs when they had their first child.*
➤ suburban (adj) ❖

4.44 district (n) /'dɪstrɪkt/ - čtvrť; okres
an area of a town or country that has a
particular purpose • *His shop is in the
most fashionable shopping district.* ❖

4.45 industrial (adj) /ɪn'dʌstriəl/ -
průmyslový
related to factories • *Industrial production
has increased by 3% in the last six months.*
➤ industry (n) ❖

4.46 estate (n) /ɪ'steɪt/ - sídliště; obytný
komplex

a group of houses or factories built
according to a plan • *They bought a three-
bedroom house on a new housing estate.*

❖
4.47 consist of (phr v) /kən'sɪst əv/ -
skládat se z
made or formed of various things • *A first-
aid kit consists of plasters, dressings,
bandages, tweezers and gloves.* ❖

4.48 bike lane (n) /'baɪk ,leɪn/ - pruh pro
cyklisty
a part of the road that can only be used by
people riding bicycles • *Cars and
pedestrians are not supposed to be in the
bike lane.* ❖

4.49 pavement (n) /'peɪvmənt/ - chodník
a path on the side of the road that people
can walk on • *You're not supposed to ride
your bike on the pavement.* ❖

4.50 crossroads (n) /'krɒsrəʊdz/ -
křižovatka
a place where two roads meet and cross
each other • *When we came to the
crossroads, we didn't know which way to
turn.* ❖

4.51 roadworks (n pl) /'rəʊdwɜ:ks/ - práce
na silnici
repair or building work on a road • *The
traffic is moving really slowly because of
the roadworks ahead.* ❖

4.52 junction (n) /'dʒʌŋkʃn/ - křižovatka;
uzel
the place where two or more roads or
railways meet • *It's a small town but it's
an important railway junction.* ❖

4.53 pedestrian crossing (n) /pə,destriən
'krɒsɪŋ/ - přechod pro chodce
a place in a road where traffic must stop
so that pedestrians can cross • *All cars
ought to stop at pedestrian crossings, but
they don't always do so.* ❖

4.54 pedestrian zone (n) /pə,destriən
'zəʊn/ - pěší zóna
an area where no vehicles are allowed •
*This is a pedestrian zone. You can't ride
your bike here.* ❖

4.55 speed camera (n) /'spi:d ,kæmrə/ - radar

a camera at the side of the road that takes pictures of cars that are going too fast • *Drivers are more careful when they know there is a speed camera on the road.*

❖

4.56 speed limit (n) /'spi:d ,lɪmɪt/ -

maximální povolená rychlost
the fastest you are allowed to drive in a specific area • *You need to slow down – the speed limit here is only 30 miles per hour.*

4.57 facilities (n pl) /fə'sɪlətɪz/ - zařízení; vybavení

buildings, equipment and services available for a particular purpose • *The hotel has special facilities for disabled people.*

4.58 venue (n) /'venju:/ - místo konání
the place where an event or meeting takes place • *The room provides an ideal venue for business meetings.*

4.59 urbanisation (n) / ,ɜ:bənəɪ'zeɪʃn/ - urbanizace

the process in which towns and cities are built where there was countryside before • *The early 20th century was a time of rapid urbanisation.*

4.60 goods (n pl) /gʊdz/ - zboží
products • *We will send you the goods you ordered tomorrow morning.*

4.61 boundary (n) /'bɑ:ndəri/ - hranice
a line that marks the limit of sth • *The fence marks the boundary between our garden and theirs.*

Grammar

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4.62 set off (phr v) /set ɒf/ - vyrazit
begin a trip • *We're going to set off for the station in half an hour.*

4.63 hopefully (adv) /'həʊpfəli/ - doufejme

saying what you hope will happen • *Hopefully, we'll be there by six, but it depends on the traffic.*

4.64 evidence (n) /'eɪdəns/ - důkaz(y)
one or more facts that make you believe that sth is true • *What evidence do you have that he took the money?* ➤ evident (adj)

4.65 it's up to you (expr) /ɪts ʌp tə ju:/ - je to na tobě
you can make the decision, it's your responsibility • *It's up to you. I'll do whatever you say.*

4.66 skyscraper (n) /'skaɪ ,skreɪpə(r)/ - věžák; mrakodrap
a very tall building • *The new skyscraper is going to be the tallest in the world.*

Listening

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4.67 inland (adv) /'ɪnlænd/ do/ve vnitrozemí
away from the sea • *Seabirds sometimes come inland looking for food.*

4.68 dweller (n) /'dwelə(r)/ - obyvatel sb who lives in a particular place • *Most apartment dwellers cannot imagine what it's like to live in a house with a garden.* ➤ dwell (v), dwelling (n)

4.69 citizen (n) /'sɪtɪzən/ - občan
a person who has legal recognition as belonging to a particular country • *After living and working in the USA for ten years, I applied to become an American citizen.* ➤ citizenship (n)

4.70 constant (adj) /'kɒnstənt/ - neustálý
happening all the time • *Her constant criticism has begun to annoy me.*

4.71 noise pollution (n) /'nɔɪz pə ,lu:ʃn/ - znečištění hlukem
a high level of noise that is harmful and annoying • *Noise pollution is at its worst in inner city areas.*

4.72 regulate (v) /'regjəleɪt/ - regulovat
control how sth works • *The members of*

the European Union agreed to regulate their banks. > regulation (n) ❖

4.73 on a regular basis (phr) /ɔn ə 'regjələ(r) 'beɪsɪs/ - pravidelně often or repeatedly • *I suggest we meet on a regular basis from now on – how about every Tuesday?* ❖

4.74 town planner (n) /taʊn 'plænə(r)/ - urbanista a person whose job it is to plan how towns and cities are developed • *As a town planner, where do you recommend we should build the new hospital?* ❖

4.75 mood swing (n) /'mu:d swɪŋ/ - prudké změny nálady a sudden change in the way you are feeling • *My constant mood swings worried me. One minute I was happy, the next I was in tears.* ❖

4.76 sharply (adv) /'ʃɑ:pli/ - prudce quickly and suddenly • *House prices have risen sharply in the last month.* ❖

4.77 homesick (adj) /'həʊmsɪk/ - tesknící po domově missing your home, family and friends • *After my first week in Madrid, I was feeling very homesick.* ❖

4.78 would rather (phr) /wʊd ra:ðə(r)/ - raději bych would prefer to • *I'd rather stay at home than go to the party with him.* ❖

4.79 hometown (n) /'həʊmtaʊn/ - rodné město the town or city that you were born in • *After spending a few years abroad, I returned to my hometown last week.* ❖

4.80 eliminate (v) /i'ɪlɪmɪneɪt/ - vyřadit; odstranit remove or get rid of sth • *I'm trying to eliminate sugar from my diet.* > elimination (n) ❖

4.81 majority (n) /mə'dʒɔrəti/ - většina the larger number or part of sth • *The majority of people don't pay much attention to their diet.* ❖

4.82 standard of living (n) /,stændəd əv 'lɪvɪŋ/ - životní úroveň the amount of money and level of comfort you have in your life • *Your standard of living doesn't only have to do with how much you get paid, but also how much free time you have.* ❖

4.83 crime (n) /kraɪm/ - zločin activities that break the law • *It is the job of the police to prevent crime.* > criminal (adj, n) ❖

4.84 affect (v) /ə'fekt/ - ovlivnit; postihnout have an influence on • *The disease mainly affects children.* ❖

4.85 amygdala (n) /ə'mɪgdələ/ - amygdala a part of the brain that affects how people feel fear and pleasure • *The damage to his amygdala meant that he could no longer feel anything.* ❖

4.86 health-care worker (n) /'helθ ,keə(r) 'wɜ:kə(r)/ - zdravotnický pracovník a doctor, nurse or other person that works in the medical sector • *It is important to keep health-care workers safe if we want to be safe ourselves.* ❖

Speaking

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4.87 interact (v) /,ɪntə'rækt/ - vzájemně na sebe reagovat/působit communicate, react to • *Teachers should be able to interact well with their students.* > interaction (n), interactive (adj) ❖

4.88 car-free (adj) /kɑ: fri:/ - bez aut without cars, where cars are not allowed • *The city centre has now been declared a car-free zone.* ❖

4.89 entirely (adv) /ɪn'taɪəli/ - úplně completely • *I'm afraid I don't entirely agree with you.* ❖

4.90 convince (v) /kən'veɪns/ - přesvědčit make sb believe that sth is true • *I've given up trying to convince her; there's no way she'll change her mind.* ❖

Grammar

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4.91 experience (n, uncountable)

/ɪk'spiəriəns/ - zkušenost

the knowledge that you get from doing sth for a long time • *The teacher had a lot of experience working with young children.* ❖

4.92 experience (n, countable)

/ɪk'spiəriəns/ - zážitek

an event or activity that affects you • *Meeting my favourite author was an experience I'll never forget.* ❖

4.93 space (n, countable) /speɪs/ - místo

an empty place or position • *There is just one parking space left.* ❖

4.94 space (n, uncountable) /speɪs/ -

prostor

empty room that you can use • *I need to make some space in my closet for all these new clothes.* ❖

4.95 competition (n, uncountable)

/,kɒmpə'tɪʃn/ - konkurence

circumstances in which everyone tries to be more successful than the others • *There's a lot of competition between the two phone companies.* ❖

4.96 without fail (expr) /wɪð'ɔʊt feɪl/ -

bez výjimky

always, with no exceptions • *She always hands in her homework assignments on time, without fail.* ❖

4.97 avenue (n) /æ'venju:/ - třída; bulvár

a wide road with trees or buildings on both sides • *They drove silently along the wide avenue.* ❖

4.98 highway (n) /'haɪweɪ/ - dálnice

a public road, especially one that connects two cities • *You can drive faster on the highway, but there is still a speed limit.* ❖

4.99 hand (sth) over (phr v) /hænd

('sʌmθɪŋ) 'əʊvə(r)/ - odevzdat

give sth to sb after you have been asked to do so • *The police officer asked me to hand over my driving licence.* ❖

4.100 wheelchair (n) /'wi:lʃeə(r)/ -

invalidní vozík

a chair on wheels that people who cannot walk use • *It isn't always easy to get around if you're in a wheelchair.* ❖

4.101 motor-driven (adj) /'məʊtə ,drɪvŋ/ -

poháněný motorem

using fuel or electricity to move • *It's a motordriven boat, which is why it has no sails.* ❖

4.102 yell (v) /jel/ - křičet

shout or make a loud noise because you are excited or angry • *There's no need to yell. I can hear you.* ❖

4.103 make way for (expr) /meɪk weɪ

fə(r)/ - uvolnit cestu

provide space for • *The people stepped back to make way for the actor's car.* ❖

4.104 human being (n) /,hju:mən 'bi:ɪŋ/ -

lidská bytost

a person • *The disease cannot be passed from animals to human beings.* ❖

Use your English

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4.105 live on top of each other (expr) /lɪv

ɒn tɒp əv i:tʃ lɒðə(r)/ - mačkat se

live very close to each other • *In many modern cities, people have to live on top of each other, as housing is limited.* ❖

4.106 resist the temptation (expr) /rɪ'zɪst

ðə temp'teɪʃən/ - odolát pokušení

stop yourself from doing sth you like but shouldn't do • *I couldn't resist the temptation to eat some more chocolate cake.* ❖

4.107 have the best of both worlds (expr)

/hæv ðə best əv bæʊθ wɜ:lɔ:ldz/ - užívat si výhod obojího

enjoy the advantages of two very different things at the same time • *He lives in the country but also keeps an apartment in the city for weekends, so he has the best of both worlds.* ❖

4.108 from all walks of life (expr) /frəm ɔ:l

wɜ:ks əv laɪf/ - všech společenských

postavení/profesí

with different jobs or positions in society

• *There are people from all walks of life in my dance class, from lawyers to builders and hairdressers.* ❖

4.109 be on the increase (phr) /ɒn ði 'ɪnkri:s/ - růst; být na vzestupu getting larger • *His book collection is always on the increase; he must have more than 10,000 books already.* ❖

4.110 take (sth) into consideration (expr) /teɪk ('sʌmθɪŋ) ɪntə kən'sɪdə'reɪʃn/ - vzít (něco) v úvahu think about sth before making a decision • *I took all your views into consideration, but the final decision was mine.* ❖

4.111 the talk of the town (expr) /ðə tɔ:k əv ðə taʊn/ - co se nejčastěji probírá what everyone is talking about • *When her new book came out, she became the talk of the town.* ❖

4.112 the urban jungle (expr) /ði 'ɜ:bən 'dʒʌŋgl/ - městská džungle city life (especially if you think it's unpleasant) • *With all the stress and the noise, I wouldn't survive in the urban jungle.* ❖

4.113 go to town (expr) /gəʊ tə taʊn/ - užít si naplno do sth with energy and spending a lot on it • *She really went to town on her birthday party – it went on all night.* ❖

4.114 all over the place (expr) /ɔ:l əʊvə ðə pleɪs/ - naprosto zmatený not tidy or not well organised • *Your work is all over the place. I'm afraid you'll have to do it again.* ❖

4.115 ghost town (n) /'gəʊst ,taʊn/ - město duchů a town that used to be busy but now has few or no people • *The place looked like a ghost town with dark, empty streets.* ❖

4.116 life in the fast lane (expr) /'laɪf ɪn ðə 'fɑ:st ,leɪn/ - velmi rušný a vzrušující život a busy and exciting way of life • *She used to enjoy life in the fast lane, but now she lives in a quiet village.* ❖

4.117 private (adj) /'praɪvət/ - soukromý

only for one person or a few people • *You can't go in. It's a private room.* ➤ privacy (n) ❖

4.118 density (n) /'densɪti/ - hustota the number of people or things in a place compared with the size of the place • *Traffic density has doubled in the last decade.* ➤ dense (adj) ❖

4.119 lead to (phr v) /li:d tə/ - vést k have a particular result • *The scandal led to a new government.* ❖

4.120 rush (v) /rʌʃ/ - spěchat go very quickly or be very quick • *Don't rush – we have plenty of time!* ➤ rush (n) ❖

4.121 peace and quiet (expr) /pi:s ən kwaɪət/ - ticho a klid a situation in which nothing disturbs you and you are not stressed • *I go to the library when I need some peace and quiet.* ❖

4.122 come across (phr v) /kʌm əkrɒs/ - narazit na find or meet sb by chance • *We came across Mr Harry in the park.* ❖

Writing

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4.123 engage (v) /ɪn'geɪdʒ/ - zaujmout attract sb's interest • *The speaker engaged the audience fully.* ➤ engagement (n) ❖

4.124 relevant (adj) /'reləvənt/ - relevantní connected with people's own experience and therefore useful • *Although it was written in 1900, the novel is still relevant today.* ➤ relevance (n) ❖

4.125 element (n) /'elɪmənt/ - prvek a necessary part of sth • *Humour is one of the key elements of a good lecture.* ❖

4.126 rhetorical question (n) /rɪ'tɔrɪkl 'kwestʃn/ - řečnická otázka a question which you ask to make a point, without expecting an answer • *No need to answer. It was only a rhetorical question.*



4.127 form (v) /fɔ:m/ - vytvořit
give shape to sth • *I formed the impression that you didn't like what he said.* > form (n) ❖

4.128 persuasive (adj) /pə'sweɪsɪv/ -
přesvědčivý
making you want to believe or do sth • *His argument was very persuasive so we had to agree.* > persuade (v), persuasion (n) ❖

4.129 impersonal (adj) /ɪm'pɜ:sənəl/ -
neosobní
not referring to specific people • *I tried to keep my criticism impersonal as I didn't want him to feel bad.* ❖ ↘ Opp: personal

4.130 get through (phr v) /get θru:/ -
dokončit; dotáhnout
manage to do or complete • *Let's hurry up, because we have a lot of work to get through.* ❖

4.131 make the most of (expr) /meɪk ðə məʊst əv/ -
co nejlépe využít
use or enjoy sth as much as you can
• *We've only got a day in Paris, so let's make the most of it and try and see all the sights.* ❖

4.132 to be honest (expr) /tə bi: 'ɒnɪst/ -
abych byl upřímný
to tell the truth • *I didn't really like her new song. To be honest, I hated it!* >
honesty (n) ❖

4.133 adventurous (adj) /əd'ventʃərəs/ -
odvážný
willing to try new and perhaps difficult things • *I decided to be adventurous and tried a completely new approach.* >
adventure (n) ❖

4.134 travel pass (n) /'trævəl pa:s/ -
legitka; lítačka
a ticket that allows you to travel in a particular area for a period of time • *If you are under 21, you can get a weekly travel pass for only five euros.* ❖

4.135 investment (n) /ɪn'vestmənt/ -
investice

the act of spending money so that you can get benefits in the future • *It's an expensive course, but considering the opportunities that I will have when I complete it, it's a good investment.*

> invest (v), investor (n) ❖

4.136 open up (phr v) /'əʊpən ʌp/ -
otevřít
make sth available • *Internet advertising will open up new markets for our products.*



4.137 above all (expr) /ə'blʌv ɔ:l/ -
především
most importantly • *Above all, I'd like to emphasise the importance of humour.* ❖

4.138 socialise (v) /'səʊʃəlaɪz/ -
stýkat se společensky; žít společenským životem
spend time with friends • *I work so hard I have no time to socialise; I haven't seen my friends for two months.* > social (adj)



4.139 outline (n) /'aʊtlaɪn/ -
koncept; nástin
the main facts, without any details • *She gave us a brief outline of what had happened.* > outline (v) ❖

4.140 support (v) /sə'pɔ:t/ -
dokládat
help show that sth is true • *The evidence does not really support your claims.* >
support (n), supportive (adj) ❖

4.141 lively (adj) /'laɪvli/ -
živý
interesting and exciting • *We had a very lively discussion which I thoroughly enjoyed.* ❖

4.142 picture (v) /'pɪktʃə(r)/ -
představit si
imagine • *Can you picture yourself growing old?* ❖

Video

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4.143 particle (n) /'pɑ:tɪkl/ -
částice
an extremely small piece of sth • *Dust particles are everywhere but you can't always see them.* ❖

4.144 app (n) /æp/ -
apka
an application, a program that you can use on a phone, tablet or computer • *I've*

downloaded an app that organises my emails. ❖

4.145 route (n) /ru:t/ - trasa
a way that you can follow to go from one place to another • *Which is the quickest route to the museum?* ❖

4.146 concentration (n) /,kɒnsən'treɪʃn/ - koncentrace
the amount of sth that you find in a place
• *They are measuring the concentration of dust in the atmosphere.* ➤ concentrate (v)
❖

4.147 dose (n) /dəʊs/ - dávka
a measured amount of sth • *Do not exceed the recommended dose.* ❖

4.148 lung (n) /lʌŋ/ - plíce
one of the two organs in your chest that help you breathe • *Take a deep breath and fill your lungs with the fresh air of the forest.* ❖

4.149 monitor (n) /'mɒnɪtə(r)/ - monitor (např. životních funkcí)
a machine that watches and records sth • *If the heart rate drops, the monitor will sound an alarm.* ❖

4.150 exhaust (n) /ɪg'zɔ:st/ - zplodiny
the gas that comes out of a vehicle or a machine • *The exhaust from the old bus in front of us smelled terrible.* ❖

4.151 emission (n) /i'mɪʃn/ - emise
the gas (or light or heat) that is produced
• *Electric cars do not produce any dangerous emissions.* ➤ emit (v) ❖

4.152 respiration (n) /,respɪ'reɪʃn/ - dýchání
breathing • *The patient's respiration is slow and difficult.* ❖

4.153 rate (n) /reɪt/ - tempo; rychlost
the speed at which sth happens • *If we keep going at this slow rate, it will take hours to finish the work.* ❖

4.154 heart rate (n) /'hɑ:t ,reɪt/ - tepová frekvence
the number of times your heart beats in a minute • *It is normal for your heart rate to increase during exercise.* ❖

4.155 blood pressure (n) /'blʌd ,preʃə(r)/ - krevní tlak
the force with which blood travels in the body • *He suffers from high blood pressure and has to take pills to control it.* ❖

4.156 GPS (n) /,dʒi:pi:'es/ - GPS (Global Positioning System) a system that can show exactly where you are • *Your mobile phone uses GPS to show your position on an online map.* ❖

4.157 device (n) /dɪ'vaɪs/ - přístroj
an object or small machine that is designed for a particular purpose • *You can use any device to visit the site, but it looks best on a computer.* ❖

4.158 bloodstream (n) /'blʌdstri:m/ - krevní oběh
the blood moving through your body • *The test showed there was poison in his bloodstream.* ❖

4.159 cardiovascular (adj)
/ ,kɑ:diəʊ'væskjələ(r)/ - kardiovaskulární
related to the heart and the blood vessels (= the tubes through which the blood travels) • *Smoking can cause cardiovascular disease.* ❖

4.160 minimise (v) /'mɪnɪmaɪz/ - minimalizovat
reduce sth as much as possible • *They are trying to minimise their costs as the company is having trouble.* ➤ minimal (adj) ❖

4.161 expose (v) /ɪk'spəʊz/ - vystavit
put sb/sth in a dangerous situation • *Drive carefully and don't expose yourself to unnecessary risks.* ➤ exposure (n) ❖